

The Warrior Weekly

Bethel Regional High School

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Bethel, Alaska



Cama-i Festival

By Beth Graf



Ethan Sparck and the Warrior dance team entertain the Cama-i Festival audience at BRHS. Photos by Selena Echuck.

The Cama-i Festival occurred on the 24th, 25th, and 26th of March at BRHS. Many people came to the Cama-i Festival. Some came to sell things like earrings, bracelets, kuspuks, headdresses, dance fans, including Cama-i hoodies and sweatshirts. Dancers came from all around Alaska to dance on stage. Some from Chevak, Point Hope, Kasaan, and Marshall. Polly Andrews, Kelsie Wallace, Qasgirmiut, including the schools in Bethel, like Ayapurn, Elitnaurvik, Gladys Jung, and BRHS Warrior Dancers.

Director Sara Guinn said, "Cama-i went beautifully! Our Yuraq group had the privilege of being the very first performers on Friday night, which was so exciting and also a little nerve-wracking. On the first night we performed *Tarvarnauramken* (The Blessing Song), *Quyurutaanga*, *Mainema*, and the *Lullaby Song*. On the second night we performed *Aayurami*, the *Bird Hunting Song*, *Angaya*, and *Superman*.



A few people from other dance groups also joined us to drum and dance, and vice versa. The energy was explosively positive and celebratory since everyone was so grateful to gather and celebrate culture together. I have been particularly grateful for our veteran dancers who help lead and teach our less experienced dancers during practice each day, including myself. David and Shauna Nanalook are the leaders of our Yuraq group."

The following BRHS Yuraq Dancers performed during Cama-i this weekend: David Nanalook, Shauna Nanalook, Kiarra Evon, Tamera Evon, Jasquelynn McCarr, Ethan Sparck, Dana Chief, Valerie Evon, Madison Keene, Kelsey Nick, Shanna BigJohn, Tun'aqi Møller Blanchett (staff), and Sara Guinn (staff).

The Tap Studio Dancers also performed. At Cama-i they had a fur fashion show, it started on March 25th at 6:00 pm they could dress up in the clothes for the fashion show. This is sponsored by the SouthWest Alaska Arts Group.



Yuraq

by Madi Keene

The drum is like a heartbeat
The dancing is a beautiful
way of showing a story
The dance fans and head dress
flow with the beat of the drum
Elders smiling
Some laugh about when someone
is doing something funny
Children are having fun watching
Yuraq is healing
A joy of dancing
The joy of singing and drumming
Yuraq is tradition
A way of showing love
Way of prayer
Yuraq



Bethel Warrior Cheerleaders earn second place at State

by E. LaValle



Warrior cheerleading team wins 2nd at State. Photos by Laura Karr.

Last week on Tuesday, March 21, BRHS cheerleaders competed for state in Anchorage. They got second place, beaten by Kenai cheerleaders. They also cheered for the varsity girls in their games at state during the following days. On the last day, during Nome’s championship game, all the region 1 cheer teams(Barrow, Nome, and Bethel) grouped up and did one big halftime show to cheer for Nome together.

Kiley Twito said, “I did not expect to get second place at state. I expected to do well, but not good enough for second. It made me feel so happy and proud of my team. All our hard work paid off. My favorite highlights of the week were going to Get Air and playing tag with the whole team in the little kids playground. Another favorite memory was cheering with the whole region at Nome’s halftime during their championship game. Also when they called us up for State-Runner up and nobody knew what it was for because we were busy talking to other teams. We had to ask what our award was for.”

Hank Karr said, “I did not think we would get second. I thought we would get around 7th or something like that. I was very surprised. My favorite part of the trip was going to Potters Marsh and yelling at cars.”

Coach Kent Secop said, “I did not expect to get second but I expected top 3. I am confident with what we brought to the state competition. It felt surreal to place second. Hearing them announce Bethel as state runner-up was amazing and as a first year coach. This was a really big recognition to the efforts that the cheerleaders put into the team. My favorite part of the trip was when they announced that we placed second.

I also had fun throughout the whole experience with the team, eating out in restaurants, shopping, and enjoying the moments in Anchorage. Another favorite part was when we went to different places spontaneously. Like when we went to Flattop Mountain one night, and it was so snowy and windy I could not feel my face. Also, when we went to Potters Marsh, and walked around after eating at a chinese buffet. It was fun because we stayed there about an hour and got cars to honk for us. I really enjoyed everything during the trip, it was a great way to conclude the cheer season.”

Elenor Whitney said, “I did not expect second because we messed up so bad. I thought we would perform better than we did. 2nd made me feel very proud of my team. My favorite day was the last day because we went on a walk and yelled at cars to honk for us. Then we got ice cream.”



Marion Swope said, “I honestly did not expect 2nd place, we were all incredibly confused when they called our names and thought they called us for the sportsmanship award! Getting runner up was definitely a surprise to all of us, we didn't think we'd even place. After seeing a lot of the teams we were competing against, and messing up during our routine, I thought there was no way. Receiving second place made me so happy because that meant all of our hard work and stress this season was worth it. I'm so proud of all of my teammates! One of my highlights of the trip was when we were cheering at our girls' last game against Sitka, and the ref started randomly throwing candy at us. At one point Elenor and I dove to the floor for a Hershey's Bar.”

Continued on the next page...

BRHS varsity girls compete at state

by McKenna Hoffman-Mendoza and Rachael Jackson



The BRHS Varsity girls basketball team at the State Tournament in Anchorage last week. Photos by Coach Lieb.

Kaylie St.Vincent said, "I did not expect us to receive second place. I thought that we did not do the best that we could have done and I was expecting us to get last. After they called us for second place I was in complete shock and it took me several minutes to actually believe that we placed second. After I realized that it was not a dream I was ecstatic for us and really proud of my amazing team. My favorite memory during the cheer trip was the last day after the championship games when our team went for a walk and ice cream to celebrate the weekend. It was the perfect end to our successful season."

Isabella January said, "I didn't really expect us to place second place, because once they had called our names I had no clue what it was for. But, once we sat down with the trophy I could not believe my eyes. I was proud of our team, and all of the hard work that we had put in all season. Getting second place makes me feel happy, because cheer had not placed in state for quite a while. My favorite memory from the cheer trip was going to Flat top right after a basketball game or walking on Potter's Marsh trail."

Jordan Klejka said, "No, I didn't expect to get second. Though I knew we were really good I was expecting 4th or 5th. When we got called up for our award I didn't believe it at first and didn't realize what we had won until after. My favorite memory from the trip is when we spontaneously went to flat top and I hiked it in birkenstocks and kept falling on my face."

Overall, I think it is safe to say that the cheerleaders had an incredible season. First place at regions, second at state, and a week long trip full of adventures—it ended well.

On March 22 the BRHS varsity girls basketball team competed at State in Anchorage. They played against the following school's: Grace Christian and Sitka. The tournament was held at UAA. Even though the Warriors lost, they still fought on!!! The whole team gave it their all and ended the season on a good note. Here are some of the athletes' responses. Isabel lieb said, "I feel like I played well and I really put myself out there to play hard for the last game's of the season. Our strength was our defense considering we tried a brand new defense."

Ciera Harpak said, "Going to the State Tournament was such a great experience. Watching/playing other teams simply shows us how they play and allows us to work on improving our team skills in preparation for next season."

Briella Herron said, "I think I did pretty well for my first time at State. It was a learning experience. We played our best and we will be back next year."

Coach Lieb said, "The girls went to state, worked extremely hard and never gave up. We came up against some tough teams, which is what you expect at the state level. Over all, we are very happy with our opportunity to compete at the State tournament. We were very happy with our season. In our second weekend of competition our starter and captain, Payton Boney, went down with an ACL injury and wasn't able to return to play this season. Our team had to make some adjustments, and they did very well with that. They had a great season."



NYO team travels and places

by Fannie Chaliak
Information courtesy of Coach Bayayok
and Coach Speranza



Above: Dalyn Nelson in the 1 Foot. Right: Thea Vanasse performing the Eskimo Stick Pull.

BRHS place 3rd as a team at Kipnuk last weekend with only three boys and two girls. Great job as well to the JH team.

Coach Speranza said, “I would also like to brag on Dalyn's behalf. They started doing the 1 Foot High Kick Event around 12:15 am on Saturday. He was kicking off for his first place title around 1 am. Dalyn is truly a great example of NYO endurance!”

Sydney Lincoln said, “It was my first time at KPN. I expected myself to go in the top 5 for one arm and I did! I stopped at 52 inches. I am training myself how to use my knuckles. Qu yana!!

1 Ft

- 1st Dalyn Nelson(HS)
- 2nd Justine Erickson- Bradney(HS)
- 5th Ignatius Hunter(HS)
- 2nd Silas Lefferts(JH)
- 4th Thea Vanasse(JH)

2 FT

- 1st Dalyn Nelson(HS)

Alaskan High Kick

- 2nd Dalyn Nelson(HS)

Wrist Carry

- 1st Thea Vanasse(JH)
- 2nd Silas Lefferts(JH)

1 Hand Reach

- 4th Sydney Lincoln (HS)
- 2nd Silas Lefferts(JH)

Indian Stick Pull

- 2nd Justine Erickson- Bradney(HS)
- 4th George Lee (HS)
- 1st Silas Lefferts (JH)
- 5th Ronald Ferguson (JH)
- 5th Emma Stuart (JH)

Eskimo Stick Pull

- 1st George Lee(HS)
- 1st Justine Erickson- Bradney(HS)
- 4th Thea Vanasse(JH)

Scissors Broad Jump

- 2nd Dalyn Nelson (HS)
- 1st Silas Lefferts (JH)

Kneel Jump

- 2nd Dalyn Nelson(HS)



Recipe of the week

by Selena Echuck

Recipe from Mrs.Samuels



Baked Alaska fresh from the oven. You can see the chocolate ice cream oozing out of the bottom. Photo by Selena Echuck.

In Mrs. Samuels' Basic Foods class the students made Baked Alaska cake with ice cream.

Cake ingredients:

- 6 large eggs yolks,room temperature
- 1 ½ cups of all purpose flour
- 1 ¼ teaspoon baking powder
- ¼ teaspoon salt
- 1 cup sugar
- 1 teaspoon vanilla
- ½ cup cold water

Filling ingredients:

- Approximately 1.5 quarts ice cream (*can be multiple flavors*)

Day 1 Directions:

- 1.For the cake prepare a 9x13 baking pan with parchment paper. Set aside. Preheat oven to 350 degrees f.
- 2.Separate the egg yolks from egg whites one at a time into a small bowl. after separating each egg, place egg yolk into a large bowl. Place egg whites into a small bowl.once all eggs are separated, cover bowl with egg whites in plastic wrap and refrigerate for tomorrow.
3. In a medium bowl , sift together the flour, baking powder and salt.

Trevor Amik assembles a Baked Alaska. Photo by Sheldon Smith.



- 4.Beat egg yolks with a hand mixer until very fluffy and thick. Gradually beat in sugar, then beat on high speed for two minutes, stopping to scrape down the sides of the bowl.
5. Reduce speed to low and add vanilla and cold water.
6. Gradually, but quickly, add sifted flour mixture while beating on low, scraping bowl.beat only enough to bellend, about two minutes.
7. Pour batter into prepared pan and spread batter out evenly.
8. Bake in preheated oven for approximately 35 minutes or until a knife inserted into the thickest part of the cake comes out clean or with crumbs.
9. Let cake cool for 15 minutes.
- 10 place cake on a plate (cutting cake in half if need be) and cover with plastic wrap then put in the refrigerator for tomorrow.

Line a medium sized bowl with plastic wrap and scoop 1.5 quarts(about ⅓ of a gallon) of ice cream (being sure to mix flavors if you want multiple). Cover with plastic wrap and put in freezer overnight. Assembly and enjoy.

National Honor Society Easter Raffle

by Selena

NHS is making three Easter Baskets to raffle. The drawing will be on April 7th to choose the three winners. What the baskets have in them is BRHS merchandise, Easter candy and cookies and gift cards and more. The raffle tickets cost \$2 dollars you can go see Miss Hamilton at BRHS or Adeline Perry at KUC to get tickets.

Easter Basket Raffle



The BRHS National Honor Society will be raffling off baskets for this upcoming Easter holiday.

These will include

- A Woven Basket
- BRHS Merchandise
- Easter Candy & Cookies
- Gift Cards

And more!

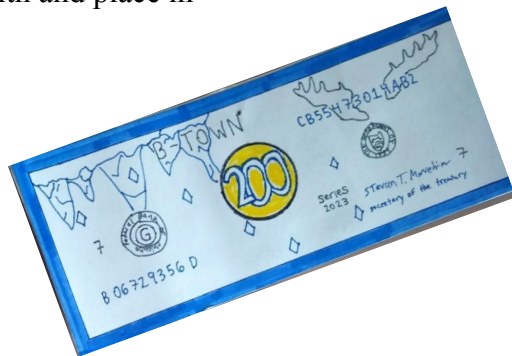
Raffle tickets are \$2 each. They can be purchased from Mrs. Hamilton's room or Adeline Perry at KuC (907-545-8878).

MAKE IT RAIN
by Kenai Tsosie



In economics we designed our own dollar bills, and I made my own dollar bill with a different design and color compared to the dollar bill we have currently. My design decisions are listed below.

- 1. **The Color** - the main thing I changed because in my version, the money's value would be organized by color and the 100 (my bill) is red.
- 2. **Organization** - Another thing I have changed is the organization of how the numbers and codes are put on the bill. They are more symmetrical and evenly placed with one another.
- 3. **Blue Line** - On the back side of the dollar I kept the blue line like the normal 100 dollar bill because it felt like it was more authentic and kept the money feel to it.
- 4. **Faces** - I also kept the man's face covered with the money's worth over it, I did that because I did not know how to draw eyes.
- 5. **Symbols/ Meaning** - I also kept the 3 main things that run the U.S: the president, government, and the illuminati, all on a piece of paper that determines your wealth and place in this country.



\$ MAKE IT RAIN \$
by Lisa Ulroan



In Mr.Reames' economy class we had to design our own bill, and I decided to make the front go across from side to side. It's nature themed because I think humans should be connected with nature and include it in most of the things we do. In the middle I put hearts because we all need love, and to the left of that I have a music note and a snowflake, because I love music and I'm from Alaska.

To the right of the hearts I have a plant because plants give us oxygen, and that's a very important of life on earth. The back side is also mostly nature themed. I tried to keep it simple, the main part of this side is a peace sign because peace is a big goal for myself. I made this side go from top to the bottom.

***See additional student designs below.*





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Additional Photos



JROTC Raiders perform at Cama-i last weekend.

Senior cheerleader captain Kiley Twito. Photo by Elizabeth Roll.



BRHS Yuraq Team at Cama-i.

